

Baylor Jack and Jane Hamilton Heart and Vascular Hospital
Performs 400th Transcatheter Aortic Valve Replacement (TAVR) Procedure
Valve program celebrating this 400th TAVR patient milestone

Dallas, TX, August 16, 2016 – Baylor Jack and Jane Hamilton Heart and Vascular Hospital, together with cardiologists on the medical staff and the Center for Valve Disorders team, is celebrating a key milestone for the facility: the 400th TAVR patient. “The multidisciplinary team of cardiologists, interventional cardiologists, cardiothoracic surgeons and nurse practitioners has been the driving force behind research and trials for aortic stenosis treatment options,” says Nancy Vish, PhD, RN, NEA-BC, FACHE. “To reach the 400th procedure is yet another milestone for the team. At this TAVR volume level, our patients are realizing the experience and efficiency of the entire clinical team for improved outcomes. Combining our patient-centered approach with the emerging technology, patients have the ability to realize improved quality of life post-procedure.”

“We know that, as patients are living longer lives, aortic stenosis volumes continue to increase,” says Dr. Robert Stoler, Co-Medical Director of Cardiology and Medical Director of Catheterization Lab. “Patients with aortic stenosis today have more choices in their treatment than ever before. We continue to look at valves used in valve replacement surgery that have solid research indicating lower risk for complication and greater efficacy.”

Dr. Stoler explains that the aortic valve consists of three tightly fitting, triangular-shaped flaps of tissue called leaflets and is positioned between the left ventricle of the heart and the aorta. The aorta is the largest artery in the body and carries the entire output of blood. Severe aortic stenosis occurs when the aortic valve does not open or close properly forcing the heart to work harder to pump blood through the body.

Approximately 500,000 of aortic stenosis patients are considered severe cases with half presenting symptoms. The most common symptom of the condition is chronic shortness of breath, however; patients may also experience chest pains or dizziness. Research shows that left untreated, severe aortic stenosis has a 50 percent mortality rate at two years.

About Baylor Jack and Jane Hamilton Heart and Vascular Hospital

Baylor Heart and Vascular Hospital opened in 2002 as the first North Texas hospital dedicated solely to the care and treatment of heart and vascular patients. The hospital provides inpatient and outpatient services focused on preventive health care and comprehensive cardiovascular disease management. Designed as a patient-centered facility, features include both invasive and non-invasive cardiologic technology, 384-slice CT imaging and cardiac rehabilitation. Baylor Heart and Vascular Hospital is located on the campus of Baylor University Medical Center at Dallas near downtown Dallas. For more information visit: www.BaylorHeartHospital.com

About Baylor Scott & White Health

Formed from the 2013 merger between Baylor Health Care System and Scott & White Healthcare, the system referred to as Baylor Scott & White Health is the largest not-for-profit health care system in the state of Texas. With total assets of \$9 billion* and serving a population larger than the state of Georgia, Baylor Scott & White Health has the vision and resources to provide its patients continued quality care while creating a model system for a dramatically changing health care environment. The system now

includes 48 hospitals, more than 900 access points, 6,000 active physicians, and 40,000 employees, plus the Scott & White Health Plan, Baylor Scott & White Research Institute and Baylor Scott & White Quality Alliance — a network of clinical providers and facilities focused on improving quality, managing the health of patient populations, and reducing the overall cost of care. For more information visit: BaylorScottandWhite.com

* based on unaudited 2015 fiscal year statements

Notice Regarding Physician Ownership: Baylor Jack and Jane Hamilton Heart and Vascular Hospital is a hospital in which physicians have an ownership or investment interest. The list of the physician owners or investors is available to you upon request. Physicians are members of the medical staff at one of Baylor Health Care System's subsidiary, community or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Jack and Jane Hamilton Heart and Vascular Hospital or Baylor Health Care System.

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